



# IX

# CONGRESSO NAZIONALE IG-IBD

*Where tradition  
meets  
innovation*

**IGIBD**  
the Italian Group for the study of  
Inflammatory Bowel Disease

**FIRENZE**  
Convitto della Calza  
29 novembre - 1 dicembre 2018

## The management of IBD patients with cancer history

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Roma*

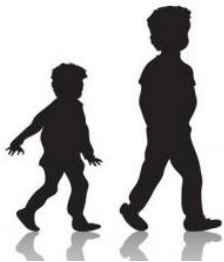
# ***Background risk of new or recurrent cancer after a first cancer***

The lifelong risk of cancer is progressively rising due to increased life expectancy and increased incidence of various cancers.



Data from the National Cancer Institute's Surveillance, Epidemiology and End Results (SEER) Program suggest that patients with a history of cancer have an overall excess risk (16 %) of developing a second malignancy compared to the general population.

First cancer during childhood or adolescence increases the lifelong risk of a second malignancy 6-fold.



However, there is no excess risk of second cancer in patients who develop their first cancer after 70 years of age.



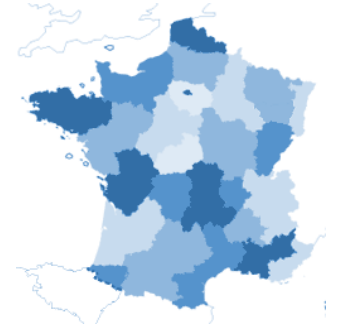
# ***IBD patients with a history of cancer***



- ❖ Which is the risk of developing new or recurrent cancer ?
- ❖ Does IBD therapy predispose to new or recurrent cancer ?
- ❖ How to manage these patients ?

# Risk of new or recurrent cancer in patients with IBD and previous cancer

17,047 IBD pts of **the CESAME cohort**  
405 pts with a prior diagnosis of cancer



***Incident cancer rates during follow-up (2.9 yrs):***

***21.1/1000 pt-yrs (pts with a cancer history)***

***6.1/1000 pt-yrs (pts without a cancer history)***

***HR of incident cancer :***

***1.9 (95% CI 1.2-3.0,  $p = 0.003$ ) in pts with prior  
cancer compared to pts without prior cancer***

**IBD patients with prior cancer have a doubled risk of  
developing any (new or recurrent) cancer, compared  
to IBD patients who have never had cancer**



# ***IBD patients with a history of cancer***



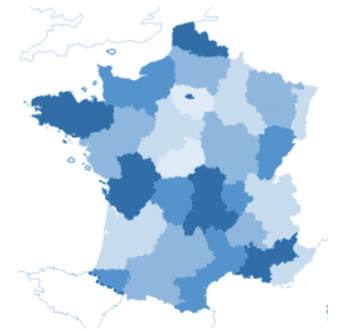
❖ Which is the risk of developing new or recurrent cancer ?

❖ Does IBD therapy predispose to new or recurrent cancer ?

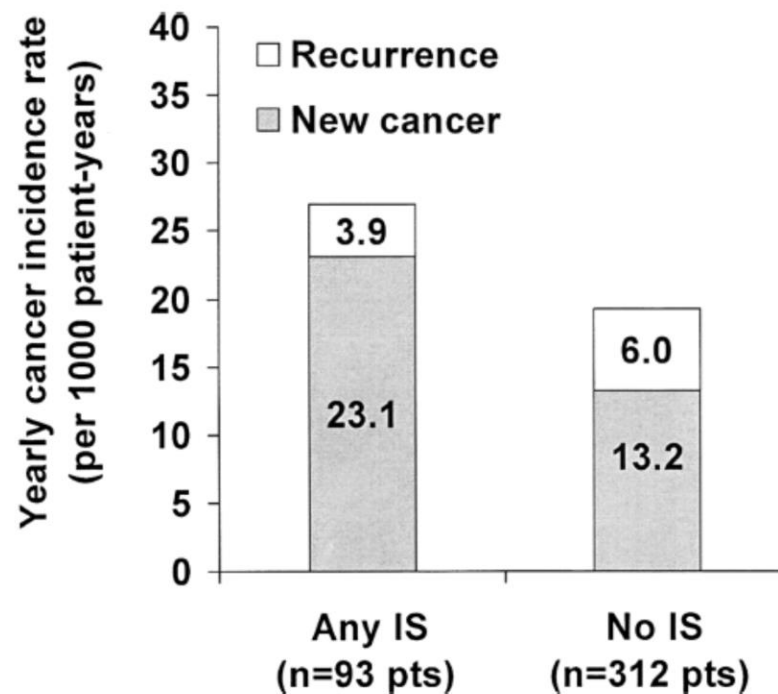
❖ How to manage these patients ?

# Risk of new or recurrent cancer under immunosuppressive therapy in patients with IBD and previous cancer

17,047 IBD pts of [the CESAME cohort](#)  
405 pts with a prior diagnosis of cancer



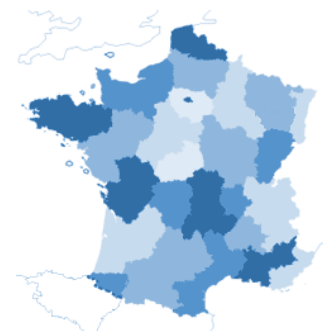
Rate of new and recurrent cancer in patients (pts) with previous cancer according to immunosuppressant (IS) status at entry



Laurent Beaugerie  
for the CESAME Study Group *Gut* 2014

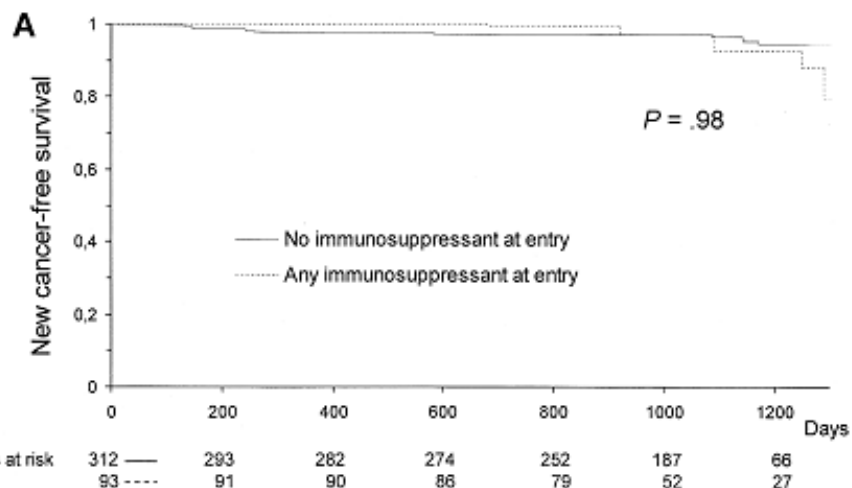


# Risk of new or recurrent cancer under immunosuppressive therapy in patients with IBD and previous cancer

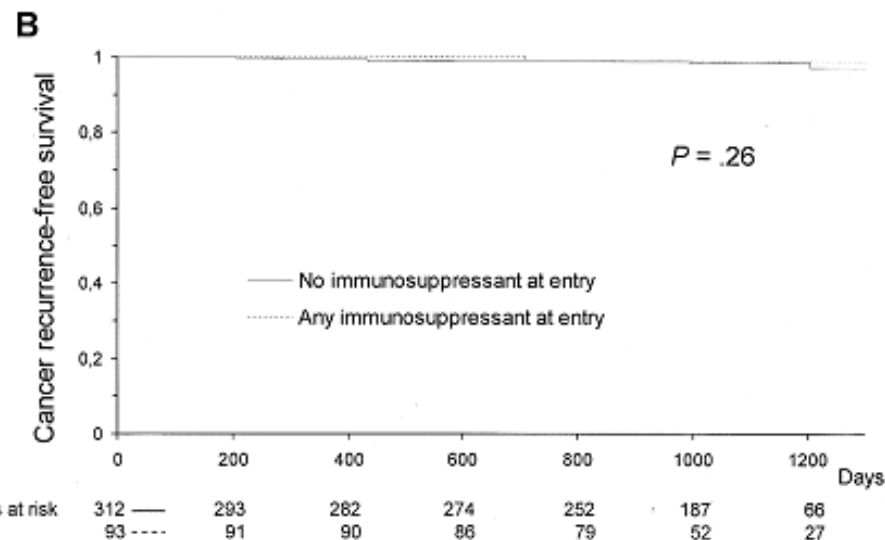


The CESAME cohort

405 pts with a prior diagnosis of cancer



*New cancer-free survival*



*Cancer-recurrence free survival*

Probability of remaining free of new or recurrent cancer  
between patients exposed or not exposed to any immunosuppressant

Laurent Beaugerie  
for the CESAME Study Group *Gut* 2014





# Risk of New or Recurrent Cancer in Patients With Inflammatory Bowel Disease and Previous Cancer Exposed to Immunosuppressive and Anti-Tumor Necrosis Factor Agents

## Incident Cancer Outcomes

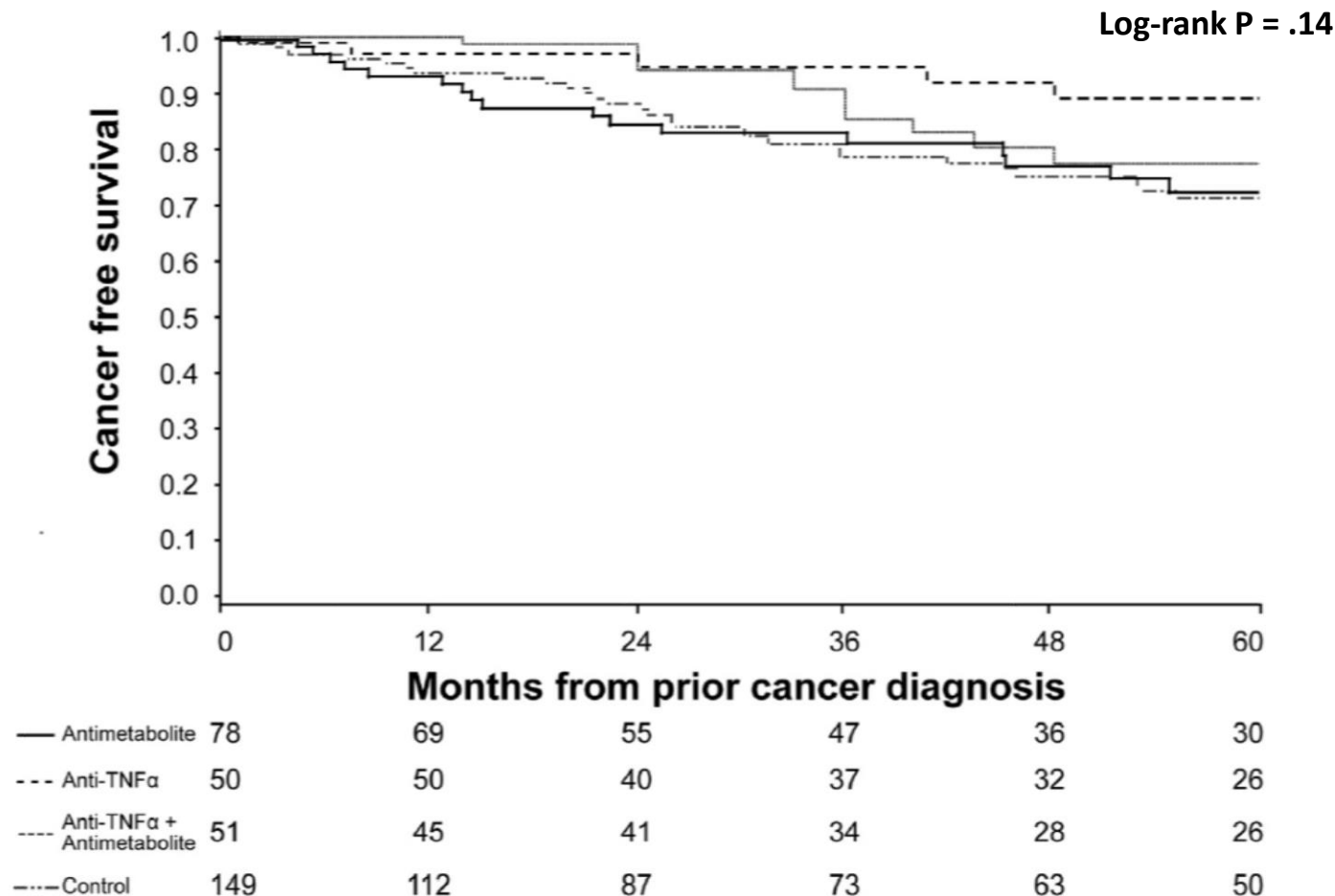
	Anti-TNF- $\alpha$	Anti-TNF- $\alpha$ + antimetabolite	Antimetabolite	Control	<i>P</i> value
No. of patients (% of total)	55 (16.5)	51 (15.3)	78 (23.4)	149 (44.7)	
Median duration of follow-up (mo)	57.1	71	58.7	44.3	.0671
Incident cancer	7 (13%)	15 (29%)	22 (28%)	46 (31%)	
New	1 (2%)	5 (10%)	13 (17%)	25 (17%)	
Recurrent	6 (11%)	6 (12%)	7 (9%)	19 (13%)	
New and recurrent	0 (0%)	4 (8%)	2 (3%)	2 (1%)	.0712
Incident cancer category					
Gastrointestinal	0 (0%)	4 (24%)	5 (18%)	10 (20%)	
Hematologic	0 (0%)	1 (6%)	1 (4%)	1 (2%)	
Skin	3 (43%)	6 (35%)	10 (37%)	11 (23%)	
Solid	4 (57%)	6 (35%)	11 (41%)	27 (55%)	.6165
Incident cancer recurrence risk type <sup>22</sup>					
High	5 (72%)	7 (54%)	7 (35%)	17 (39%)	
Intermediate					10 (23%)
Low					2 (4%)
Undetermined					15 (34%)
Incident cancer rate per 100-person years (no. of person-years)	2.46 (285)	3.63 (414)	5.75 (383)	5.42 (852)	.6143

Median time to anti-TNF initiation after cancer diagnosis: 14.5 months (0-704 months; average, 74.5 months)

Axelrad J, et al. Clin Gastroenterol Hepatol 2016



# Cancer-free survival between groups at 5 years



# Risk of incident cancer in IBD patients starting anti-TNF $\alpha$ therapy while having recent malignancy (GETAID survey)

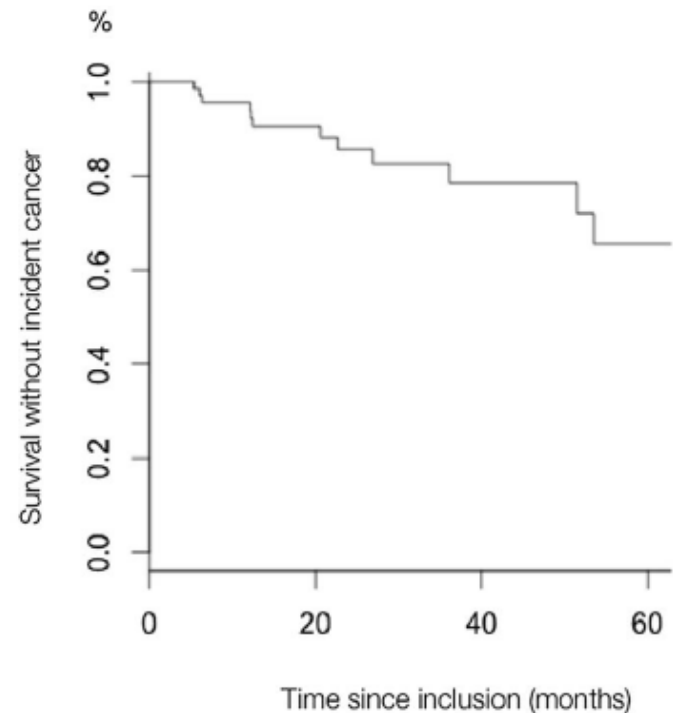


Poullenot F, et al. IBD 2016

79 IBD pts  
with previous cancer < 5 years  
(median 17 months, range 1-65)  
before starting anti-TNF $\alpha$  therapy

During follow-up  
(median: 21 months, 1-119)  
15 (19 %) pts developed an incident cancer  
(8 recurrent and 7 new cancers)

Incidence rate: 84.5 (95% CI, 83.1-85.8)  
1000 pts-years



Patients at risk (n)      79                      40                      18                      9

Kaplan-Meier curve of survival without incident cancer during follow-up

Survival without incident cancer:  
96% at 1 year  
86% at 2 years  
66% at 5 years

# Thiopurines and anti-TNFs after a diagnosis of cancer in patients with inflammatory bowel disease

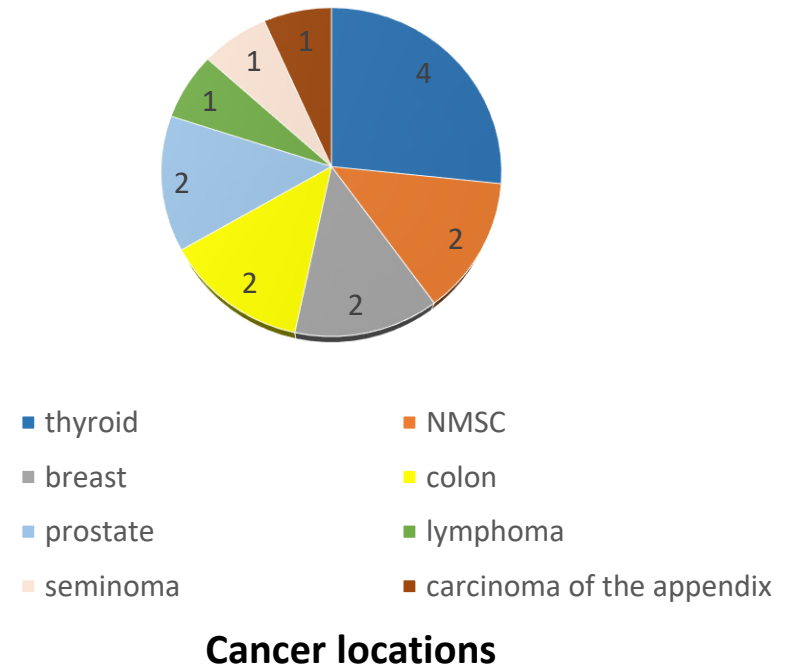
S. Onali\*, C. Petruzzello, G. Condino, M. Ascolani, E. Calabrese, E. Lolli, A. Ruffa, F. Pallone, L. Biancone

**2000-2013: 82 IBD pts with cancer**

**15 (18.2%) pts subsequently received:**  
*thiopurines (12 pts)*  
*anti-TNF (3 pts)*

**Time interval between cancer diagnosis and IMM:**  
**6 yrs (range 1-26)**

**Median follow-up after cancer diagnosis:**  
**10 yrs (range 3-30)**



**None of the 15 IBD pts showed recurrence of cancer**

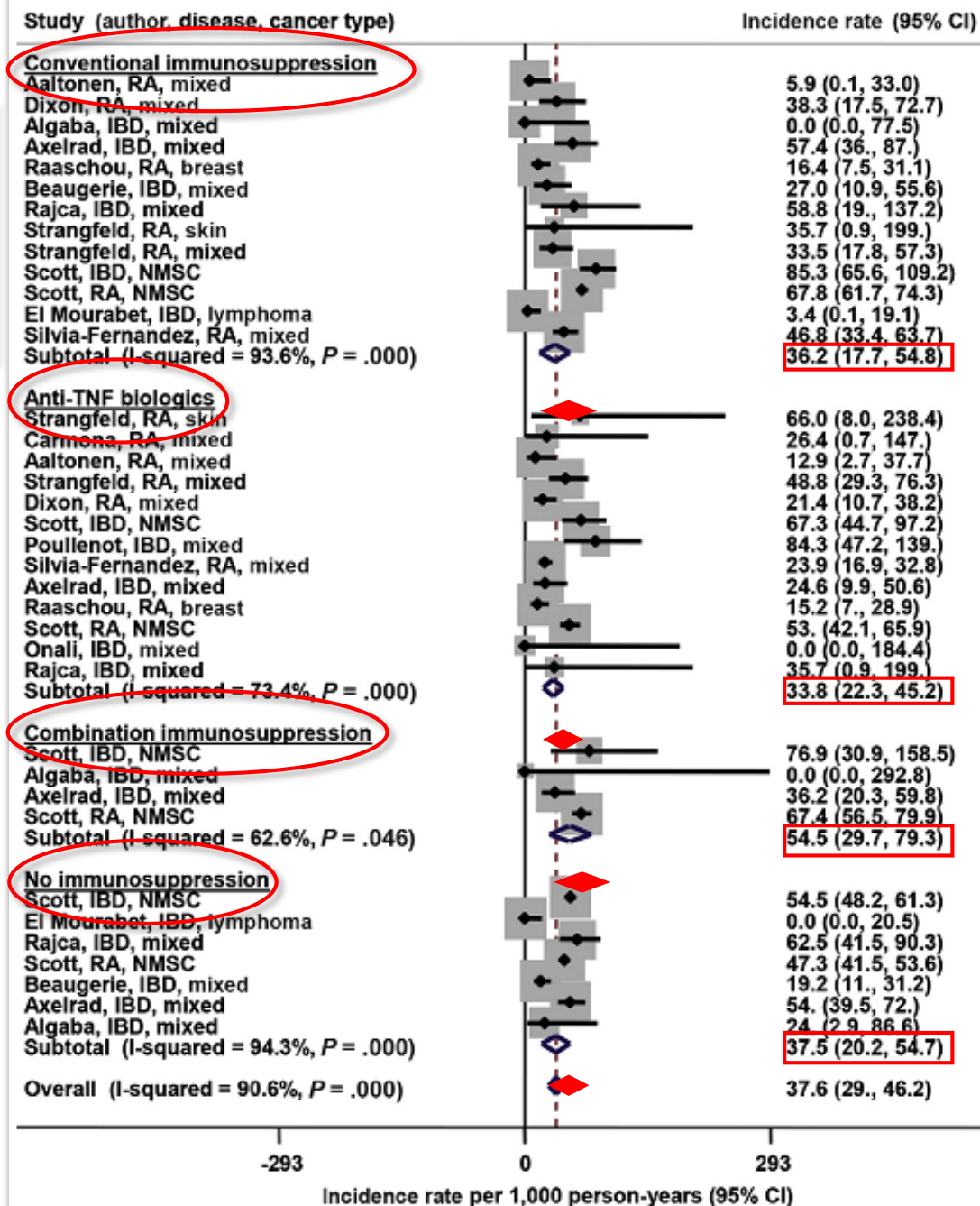
# New/recurrent cancer following ISS and anti-TNF therapy in patients with immune-mediated diseases and cancer history

16 studies \*

11.702 pts with cancer history  
(median interval between index cancer  
and ISS/anti-TNF therapy: 6 yrs)

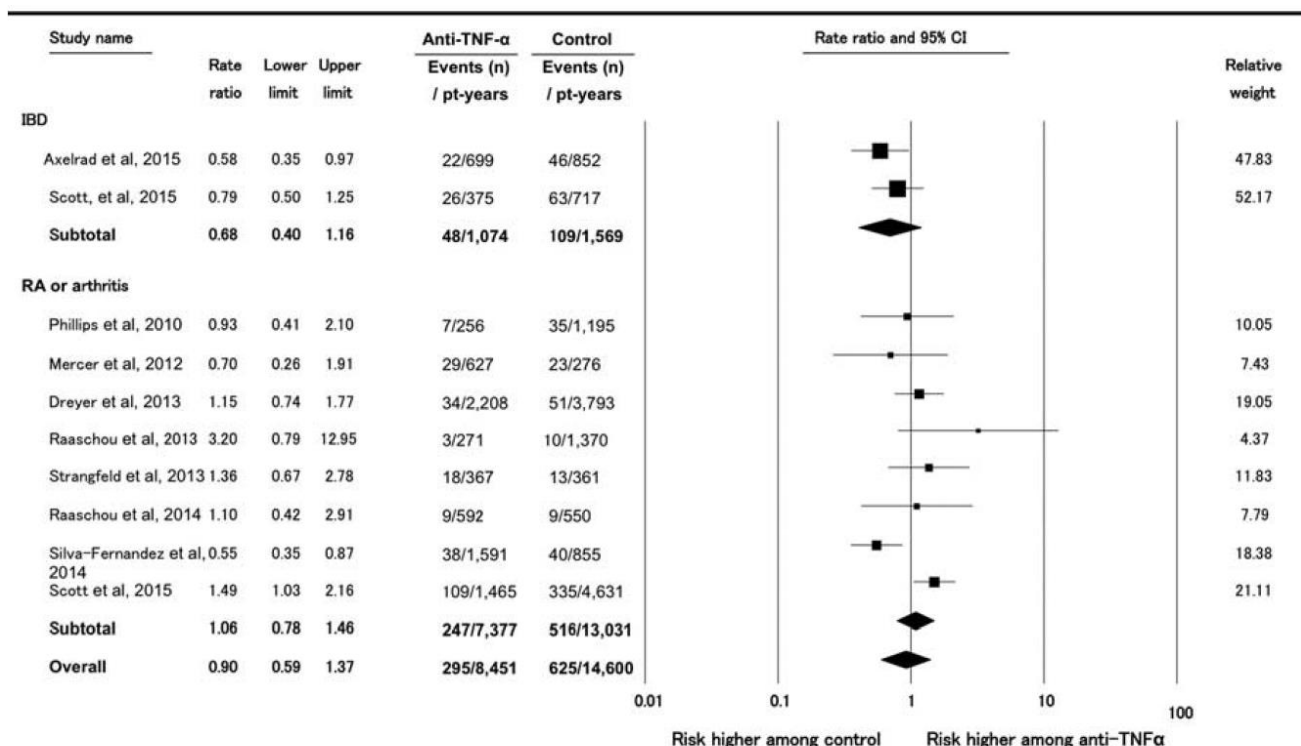
1.698 new/recurrent cancers

\* 7 of pts with IBD  
7 of pts with rheumatoid arthritis (RA)  
1 of pts with IBD and pts with RA  
1 of pts with psoriasis



# Risk of Cancer Recurrence Among Individuals Exposed to Antitumor Necrosis Factor Therapy

## A Systematic Review and Meta-Analysis of Observational Studies



**9 studies**  
**(2 on IBD pts)**

**11.679 pts with cancer history**  
**3.707 pts exposed to anti-TNF**  
**therapy following cancer**

IBD: heterogeneity;  $I^2 = 0.00$ ,  $p = 0.39$

RA or arthritis: heterogeneity;  $I^2 = 53.23$ ,  $p = 0.036$

Overall: heterogeneity;  $I^2 = 55.94$ ,  $p = 0.015$



- ❖ Randomized controlled trials of anti-TNF $\alpha$  therapies in IBD patients usually exclude patients with a cancer history, consequently there are no randomized prospective data in this population
- ❖ Relatively small sample size of IBD patients with previous cancer included in the studies
- ❖ Most results are based on retrospective studies
- ❖ Significant heterogeneity between the studies included in the meta-analysis
- ❖ Most physicians avoid ISS/anti-TNF $\alpha$  drugs in patients who survive to a life-threatening cancer or who have a high risk of cancer recurrence



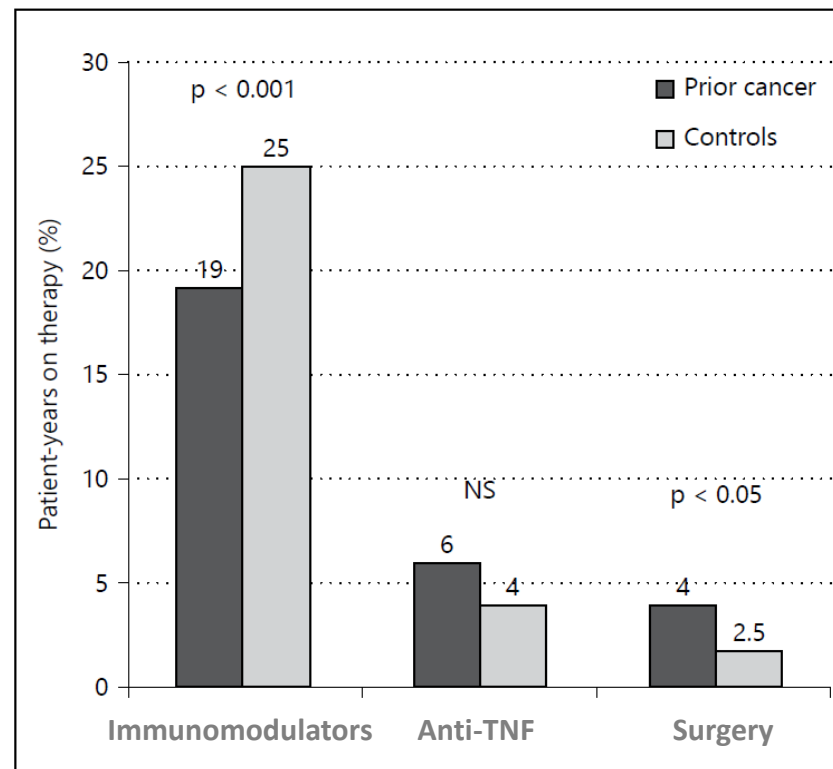
# Impact of the diagnosis and treatment of cancer on the course of inflammatory bowel disease

S. Rajca, P. Seksik, A. Bourrier, H. Sokol, I. Nion-Larmurier, L. Beaugerie, J. Cosnes\*

JCC 2014

## MICISTA registry

*Database of 7.158 IBD pts*



***Choise of therapy in 50 IBD pts with prior cancer  
compared to 150 matched controls  
(629 vs. 2,121 patient-years, respectively)***

adapted from Cosnes J. Dig Dis 2017

# ***IBD patients with a history of cancer***



## ***Considerations:***

- The prior cancer may be completely eradicated, theoretically eliminating the risk of recurrence under immunosuppression.***
- The prior cancer may be dormant due to treatment and ongoing immunosurveillance and might therefore have a risk of recurrence under immunosuppression.***
- A new cancer might arise due to immunosuppression.***

# How should IBD therapy be managed for patients with a history of cancer ?



***Quality of life***

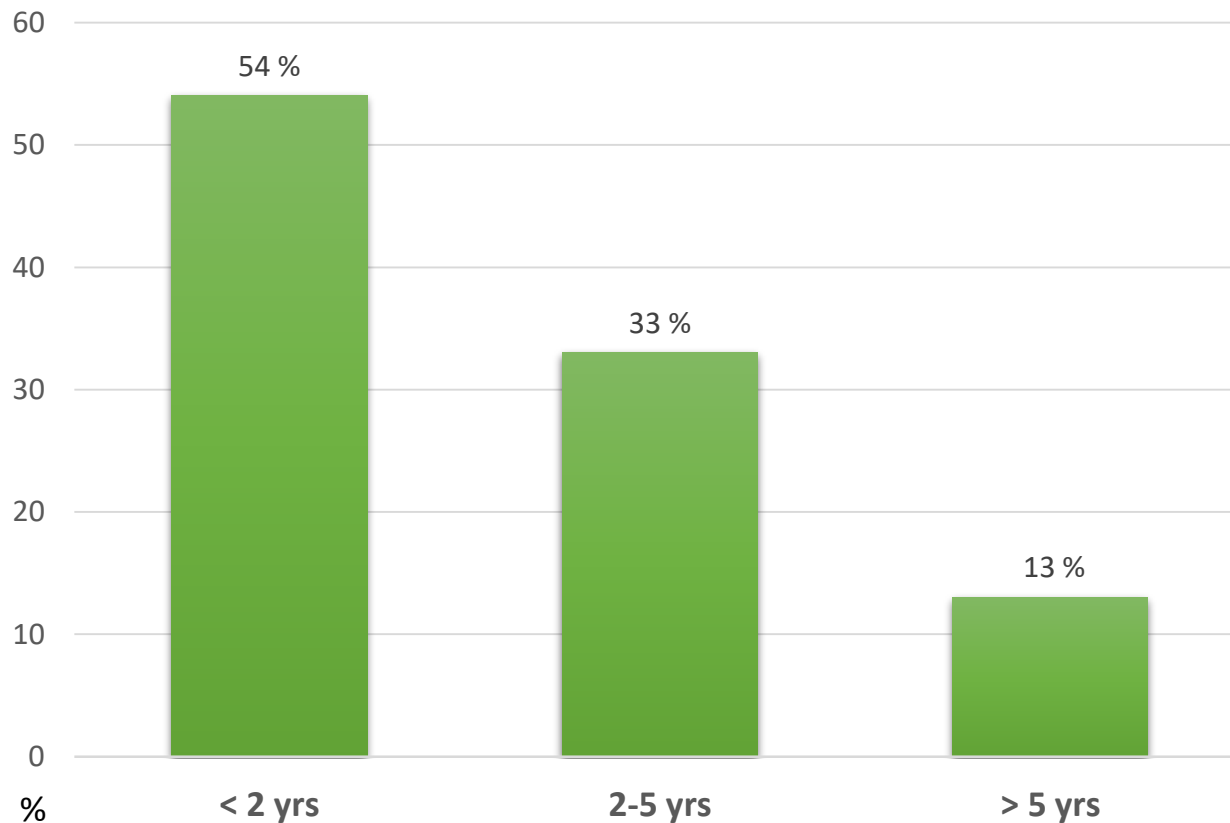
***Thorough knowledge***  
***and appropriate***  
***communication***  
***with the patient***  
***factors...***  
***Cancer type and stage...***

## ***Risk of recurrence of pre-existing cancers under post-transplant immunosuppressive therapy***

<b>Risk level</b>	<b>Organ</b>
Low ( $\leq 10\%$ )	Incidentally discovered renal tumours
	Lymphomas
	Testicle
	Uterine cervix
	Thyroid
Intermediate (11-25%)	Uterine body
	Wilms' tumour
	Colon
	Prostate
	Breast
High ( $> 25\%$ )	Bladder
	Sarcomas
	Melanomas
	Non-melanoma skin cancers
	Myelomas
	Symptomatic renal carcinomas

# ***Risk of recurrence of pre-existing cancers in renal transplant patients on immunosuppressive therapy***

***The longer the interval from cancer to renal transplant, the lower the risk of cancer recurrence***



# ***Safe interval for starting ISS/anti-TNF after successful treatment of malignancy***

## **ECCO Statement 6G**

Based on data in transplant recipients, physicians should consider delaying the resumption of immunosuppressant therapy for IBD in patients being treated for cancer, because of the risk of recurrent neoplastic disease, for 2 years following the completion of cancer treatment [EL 3]. The delay can be extended to 5 years if the cancer is associated with an intermediate or high risk of recurrence [EL 3]



## ***Management of IBD patients with past history of malignancy***

### **ECCO Statement 6F**

In patients with active IBD and a history of malignancy, 5-aminosalicylates, nutritional therapies, and local corticosteroids can be safely used [EL 3]. In more severe flares that do not respond to these treatments, the use of anti-TNF, methotrexate, short-term systemic corticosteroids, and/or surgery should be considered on a case-by-case basis [EL 5]

# Immunosuppressant/anti-TNF therapies to use or avoid in IBD patients with a cancer history according to the type of cancer

Type of cancer	Avoid	Use with caution	Can be used
Lymphoma	Thiopurines	Anti-TNF, methotrexate, steroids	
Acute myeloid leukaemia and severe myelodysplastic disorders	Thiopurines	Anti-TNF	Methotrexate, steroids
Melanoma	Anti-TNF	Thiopurines, steroids	Methotrexate
Non-melanoma skin cancer	Thiopurines	Anti-TNF, steroids	Methotrexate
Urinary tract cancer	Thiopurines	Anti-TNF	Methotrexate, steroids
Other tumours		Thiopurines, anti-TNF	Methotrexate, steroids

# ***Management of IBD patients with past history of malignancy***

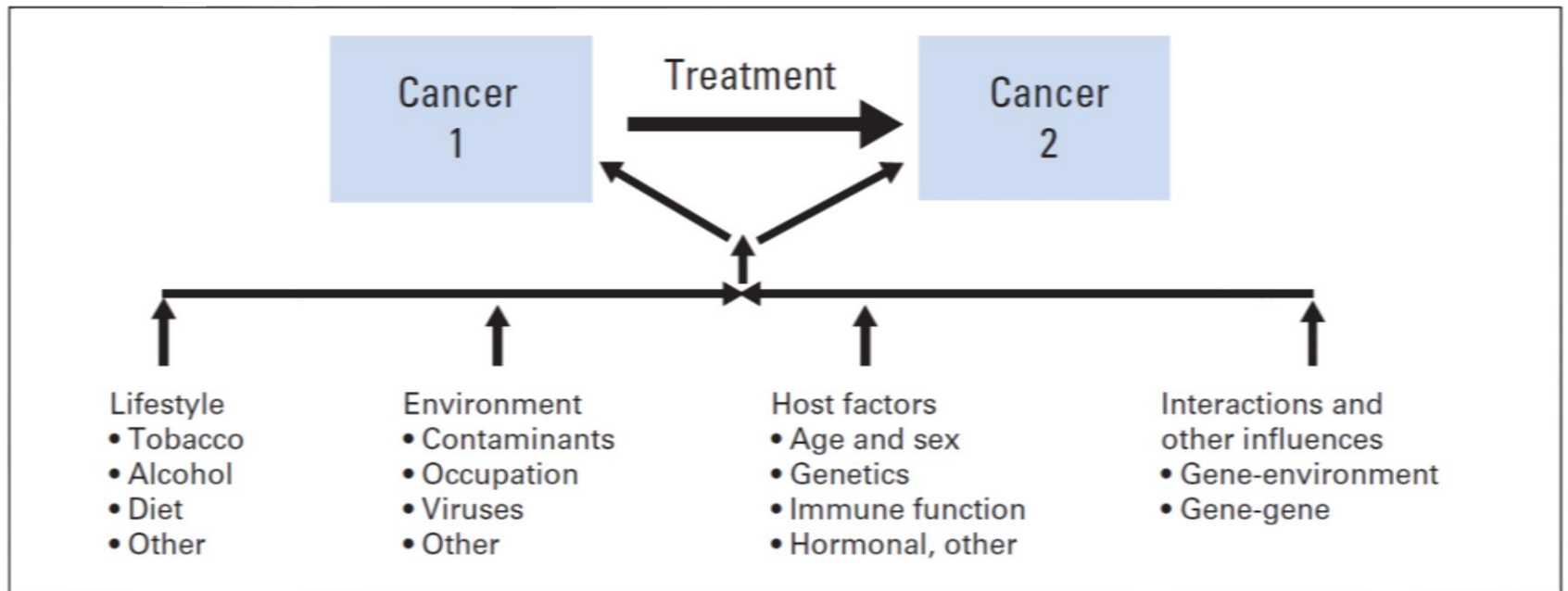
## **ECCO Statement 6B**

Physicians must be aware of the potential impact of immuno-suppressants on cancers and on the risk of developing a second malignancy in cancer survivors [EL 3]

## **ECCO Statement 6C**

Preliminary data on immune-mediated inflammatory diseases and IBD demonstrate no obvious excess risk of developing a second [new or recurrent] cancer while being treated with anti-TNF therapy [EL 4]

## *Multiple risk factors for second malignant neoplasms*



# Conclusions



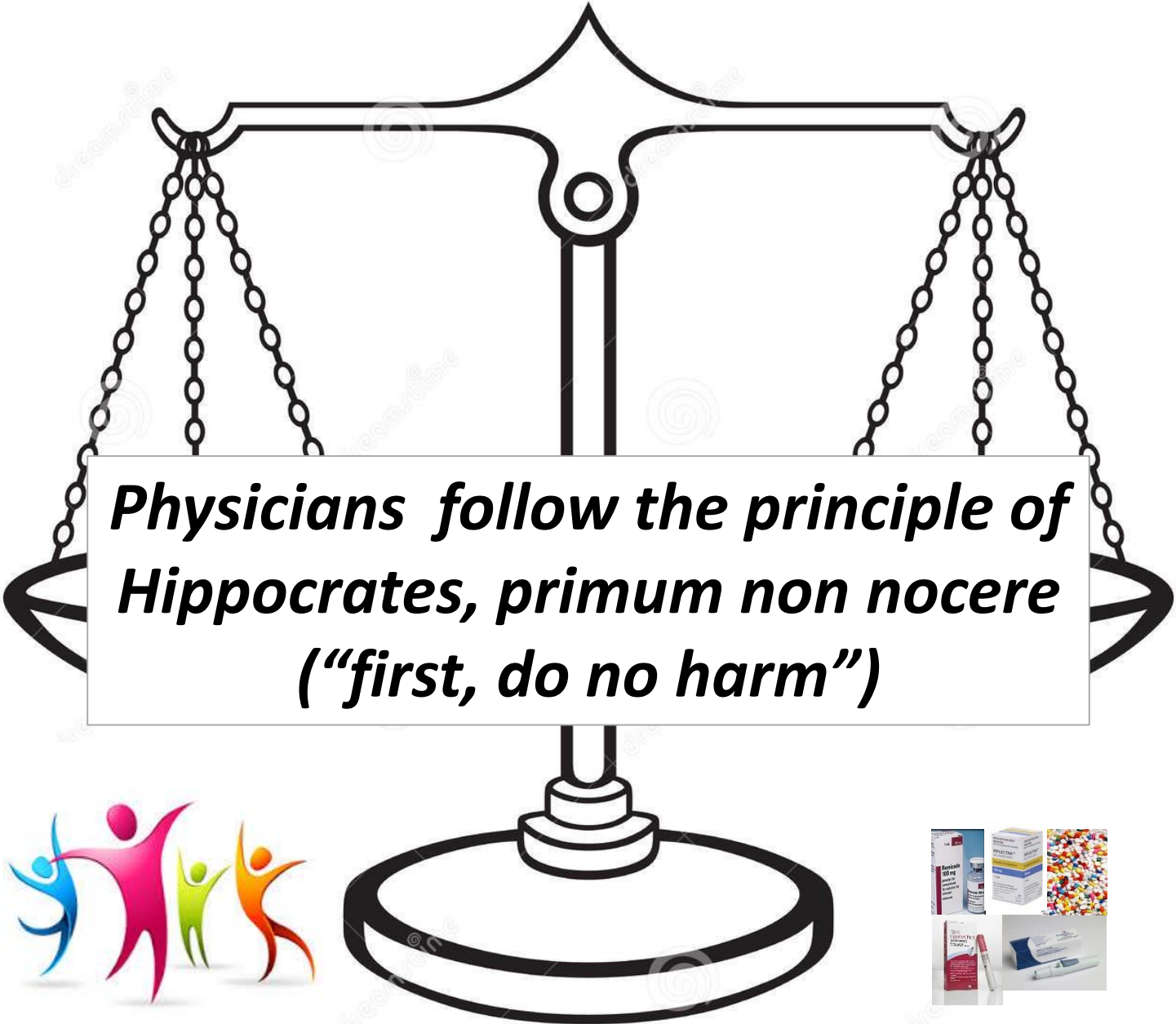
## Multidisciplinary management with the oncologist

### *Case-by-case decision making:*

- ❖ **Characteristics of the previous cancer**
  - Type, stage...
  - Risk of recurrence
  - Time from successful completion of cancer treatment
- ❖ **IBD activity...**
- ❖ **Impact of IBD therapy on the risk of new/recurrent cancer**
- ❖ **Other risk factors**
- ❖ **Patient quality of life**



***More studies are needed***



***Physicians follow the principle of  
Hippocrates, primum non nocere  
("first, do no harm")***

